

Associate in Arts in Psychology Oklahoma City Community College to Bachelor of Science in Human Development and Family Science, Family and Consumer Sciences Education Option (OSU) School Instruction or Cooperative Extension Service Areas

Available in Stillwater

Oklahoma City Community College (years 1 and 2) – 2025-26

Year One - Oklahoma City Community College

Fall

OCCC Equivalent or Substitute	OSU Requirement	√
SCL 1001 Success in College and Life	UNIV 1111	
ENGL 1113 English Comp I	ENGL 1113	
HIST 1483 US Hist to 1877 or	HIST 1483 (H) or	
HIST 1493 US Hist 1877 to present	HIST 1493 (DH)	
PSY 1113 Introduction to Psychology	PSYC 1113 (S)	
MATH 1483 Math Functions and	MATH 1483 (Q)	
Their Uses		
Non-lab science (3 credit hours)	(N) Science	
Semester Credit Hours: 16		

Spring

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OCCC Equivalent or Substitute	OSU Requirement	√
ENGL 1213 English Comp II	ENGL 1213	
PSY 2403 Development Psychology	PSYC 2583 (S) subs	
	for HDFS 2113 (S)	
MATH 2013 Intro to Statistics	STAT 2013 (Q)	
CHEM 1115 Principles of Chemistry	CHEM 1—5 (LN)	
	subs for CHEM	
	1014**	
Semester Credit Hours: 14		

Year Two- Oklahoma City Community College

Fall

OCCC Equivalent or Substitute	OSU Requirement	✓
BIO 1023 Introductory Nutrition	NSCI 2013 (N)	
FIN 1013 Personal Finance	FIN 2123	
PSY 2503 Human Sexuality	PSYC 2593 subs for	
	HDFS 2213	
PSY 2123 Behavioral Statistics or	PSYC 2 (Q) or	
PSY 2853 Abnormal Psychology	PSYC 2 (S)**	
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Humanities (3 credit hours)	Humanities (H)	
Semester Credit Hours: 15		

Spring

OCCC Equivalent or Substitute	OSU Requirement	✓
Humanities (3 credit hours)	Humanities (H)	
POLSC 1113 American Federal	POLS 1113	
Government		
PSY 2743 Social Psychology	PSYC 2743 (S)**	
SOC 1113 – Intro to Sociology	SOC 1113 subs for	
	HDFS 1112	
SOCI 2013 Marriage and Family	SOC 4723 (S) subs	
Recommended Elective	for HDFS 2433	
Semester Credit Hours: 15		

Before transferring to OSU, have the OCCC Registrar send an official transcript to the OSU Admissions Office with any degrees earned noted on the transcript. If you have not completed the requirements for an associate degree, talk with your OSU Academic Advisor about Reverse Transfer options to use OSU coursework to complete your associate degree.



^{**}General education requirements waived upon completion of Associate's Degree.

Oklahoma State University (years 3 and 4) - 2025-26

Year Three – Oklahoma State University

Fall

OSU Requirement	✓
NSCI 3223 – Nutrition Across the Life Span	
DM 1003 – Design Theory & Processes for Design and	
Merchandising	
DM 1103 – Basic Apparel Assembly	
HDFS 3603 – Family and Consumer Sciences Classroom	
Management & Educational Foundations	
CIED 4133 – Intro to K-12 English Language Learners	
HTM 1103 – Intro to Hospitality and Tourism	
Semester Credit Hours at OSU: 18	

Spring

OSU Requirement	✓
DM 2573 Textiles	
HDFS 3123 – Parenting	
HDFS 3623 – Field Experiences in Family & Consumer	
Sciences Education	
HTM 1113 – Introduction to Food Studies	
HTM 2021 – Food Safety & Sanitation	
NSCI 3543 – Food and the Human Environment	
SPED 3202 – Educating Exceptional Learners	
Semester Credit Hours at OSU: 18	

Summer (Between Years 3 & 4) - EDHS 3111, HDFS 3413 = 4 credit hours

Year Four – Oklahoma State University

Fall

OSU Requirement	✓
DM 2913 – Sewn Product Quality Analysis or	
DM 2204 Intermediate Apparel Assembly	
HDFS 3423 Adolescent Development in Family	
Contexts	
EDTC 3123 – Applications of Educational Technologies	
HDFS 4913 – Instructional Methods in Family & Consumer	
Sciences	
HDFS 4413 – Successful Aging	
HDFS 4521 – HDFS Child & Family Services: Pre-Internship	
(Only if extension option)	
Semester Credit Hours at OSU: 15-16	

Spring

OSU Requirement	✓
HDFS 4713 Family Resource Management	
If Education option:	
HDFS 4520(6) –Student Teaching in Family & Consumer	
Sciences Education	
If Extension option:	
HDFS 4563 – Internship in Child & Family Services I	
(3 credit hours)	
HDFS 4572 – Internship in Child & Family Services II	
(2 credit hours)	
Semester Credit Hours at OSU: 8-9	

This plan is only one example of how a student may successfully complete degree requirements in four years. Students should work with their advisors on course rotations.

